Age Group Rules

U7 & U8

- A referee will be assigned to officiate the games
- No coaches are allowed on the field.
- Coaches must remain on the sideline, and may not be behind either goal
- Size of ball: Number 3
- (4) Twelve minute quarters
- Stop play at a dead ball close to the twelve minute mark for subs
- Goalies must have different color jersey than team (may be penny or t-shirt)
- Five players on the field from each team in each quarter
- Substitutions can be made during the following:
  a) At 12-minute mark in each quarter
  b) At half time
  c) In case of an injury
- Offside Rule not in effect
- No "Slide Tackling"- This is a difficult technique and can be dangerous at this age
- All free kicks will be indirect
- No penalty kicks. Fouls inside the penalty area result in an indirect free kick
- Handballs will be called
- Be very forgiving in calling fouls, especially inadvertent handballs
- Throw-ins will be used. A second chance will be given to make a good throw-in
- Each player must play at least half a game
- **All parents must sit on one side of field opposite the coaches and teams and may not be behind either goal**
- **Each team must use four different players as goalie in each game(a different player for each quarter in a game)**

U10
- A referee will be assigned to officiate the games
- No coaches are allowed on the field.
- Coaches must remain on the sideline, and may not be behind either goal
- No "Slide Tackling"- This is a difficult technique and can be dangerous at this age
- Size of ball played: Number 4
- (2) Thirty minute halves
- Six players on the field from each team in each half
- Goalies must have different color jersey than team (may be penny or t-shirt)
- Substitutions can be made during the following:
  a) When your team is in possession of a throw-in
  b) There is a goal kick by either team
  c) At half time
  d) In case of an injury
- Offside Rule is in effect
- Direct kicks will be allowed

- Penalty kicks are in effect. Fouls inside the penalty area may result in a direct free kick.
- Handballs will be called.
- Throw-ins will be used, and a second chance will not be given.
- Each player must play at least half a game.
- All parents must sit on one side of field opposite the coaches and teams, and may not sit behind either goal.

U12

- Eight players on the field from each team
- Size of ball: Number 4
- (2) Thirty minute halves
- For official GYSA Rules and Regulations, please see the GYSA website. Go to www.gasoccer.com, click on GYSA, click on Documents, click on Rules and Bylaws, and finally GYSA Rules and Regulations for current year.

U14

- Eleven players on the field from each team
- Size of ball: Number 5
- For official GYSA Rules and Regulations, please see the GYSA website. Go to www.gasoccer.com, click on GYSA, click on Documents, click on Rules and Bylaws, and finally GYSA Rules and Regulations for current year.

General Rules

- **Playing Time:** Each player <u>MUST</u> play a minimum of 50% of the total playing time. A player who is late forfeits the right to make up for the time missed. (Rec Only)
- **Team Format:** Recreational teams may be coed. They will only be gender related based on a high number of participants. Academy and Select teams will mainly be gender related.
- **Roster Limit: U6** – 4 to 6, **U8** – 5 to 8, **U10** – 7 to 10, **U11/U12** – 9 to 12, **U13 & up** – 12 to 15.
- **Standings:** Game scores will not be kept for Recreational and Academy teams.
- **U6:** Will have a coach per team on the field.
- **Sitting Location:** All parents must sit on one side of field opposite the coaches and teams, and may not sit behind either goal.
- **Forfeits:** U6 to U10 recreational teams will not forfeit games based on the number of players attending. If a team is below the minimum number of players, the game will be played at even strength or with both teams sharing players.

Updated 3/2013